

Ord Housing Authority
2410 K Street
Ord, NE 68862
(308)728-3770
Fax (308)728-7824
TTY/TDD 1-800-833-7352
oha@ordhousing.net
Hours: 8:00-4:30 M-F



December Companion



After hours

Emergency Phone Numbers:

Melinda (308)750-8245

Kalynn (308)730-1629

Ord Police Department

(308)728-5771

Valley County Sheriff

(308)728-3906

Ord City Office

(308)728-5791

HHS

(308)728-3685

CNCAP

(308)745-0780

Mark Wednesday, the 18th on your calendar.
a Christmas buffet will be held in the Parkview
Community Room at noon.

We will be dining on roast turkey, baked ham,
cheesy taters, dressing, veggie, dinner rolls and
something sweet to top it all off.

And, to add a wonderful surprise along with
the great eats— a VERY special angel is
treating everyone to this holiday meal.

Join your friends and neighbors at this blessed
time of the year.



Ord Housing Authority will be

C L O S E D

on December 25th.

*Merry Christmas to each of you from
the housing authority staff.*



**HAPPY BIRTHDAY TO
EACH OF YOU WHO WILL
BE CELEBRATING
A SPECIAL DAY IN
DECEMBER.**

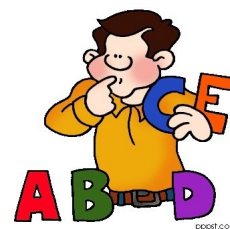


"This Institution is an Equal Opportunity Provider & Employer"

A special wish for a season
filled with joy, peace and
God's sweet blessings



Attached you will find a
holiday word game-
take a few minutes
and see if you can
find all of the
hidden words.



ENJOY!!

<< Reminder >>

Parkview residents-
PLEASE remove
everything off of your
porch, to allow ALL of
the snow and ice to be
removed.

TWO VERY EASY SIDES—THAT WILL GO GREAT WITH ANY MEAT

Party Potatoes

- | | |
|------------------------------------|--------------------------------------|
| 1 container sour cream-16oz | 1 can cream of chicken soup |
| 2c shredded cheddar cheese-divided | 4T butter-melted |
| 1 sm onion-chopped | 1t salt |
| 2c cornflakes-crushed | 1 pkg frozen hash browns-thawed-32oz |



Heat oven to 350-prepare a 9X13 baking dish. In a large bowl, combine sour cream, soup, 1 cup cheese, 2 T butter, onion and salt, mix well. Add the hash browns and stir until well combined, spread in the baking dish. In the same bowl combine the cornflakes, remaining cheese and butter. Sprinkle over the hash browns. Bake about 45 minutes or until crispy on the top and golden brown around the edges.

Garlic Parm Green Beans

- | | |
|-------------------------------|--------------------------------|
| 1 1/2# green beans | 1T minced garlic |
| 1T olive oil | 1 1/2t salt |
| 1/2t black pepper | 2/3 c parmesan cheese-shredded |
| 2 bacon strips-cooked/chopped | |



Heat oven to 450, lightly spray baking sheet. Combine green beans, garlic, olive oil, salt and pepper in large bowl, toss to coat well. Spread in single layer on baking sheet. Bake about 15-20 minutes, stirring halfway through. Sprinkle the beans with parm cheese and continue to bake until cheese is melted, about 1 minute. Remove from oven and sprinkle with bacon-serve. (I need more than 2 strips of bacon-load her up!!)

I have touched on this subject before, but I feel it is important enough to repeat the information and add a few things, too.

THE WINTER BLUES **OR** THE HOLIDAY BLAHS

No matter which one you use, they both are feelings of sadness, loneliness or anxiety that can occur during the holiday season. They can be caused by a number of factors, which *might* include:

Stress-too much to do and too many places to go-IT IS OK TO SAY NO!

Changes in routine-holidays can disrupt your everyday routine

Seasonal factors-less or no sunlight for several days

Unrealistic expectations-pressure to be joyful can be overwhelming

Sentimental memories-remembering the way it used to be

Here are just a few tips that *might* help you cope with the “blues”:

- * Take a break-breathe
- * Get some fresh air and maybe some sunlight-take a walk outside
- * Spend quality time with loved ones
- * Stick to simple traditions-don't make things harder than they need to be
- * Donate to a charity-your time or your money

~~~Always remember-first and foremost-take care of yourself~~~

Be mindful-the basic human ability to be fully present, aware of where we are and what we are doing, and not overly reactive or overwhelmed by what's going on around us.

**REMINDER-IT IS OK TO SAY NO!!!**

What does Christmas mean to you???

birth of Jesus

family

reflection

gratitude

visit from Santa

friends

church

tree

decorations

solitary

thankfulness

remembering

plans

gifts

lights

new start

wishes

food

????????????



# DECEMBER

Sun

Mon

Tue

Wed

Thu

Fri

Sat

|                            |            |                                                                                            |                                   |                        |                                                                                            |                                                                                             |
|----------------------------|------------|--------------------------------------------------------------------------------------------|-----------------------------------|------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| 1                          | 2<br>TOPS  | 3                                                                                          | 4                                 | 5<br>PV RENTED<br>10-4 | 6                                                                                          | 7                                                                                           |
| 8                          | 9<br>TOPS  | 10<br>BOARD<br>MEETING<br>NOON                                                             | 11                                | 12                     | 13<br> | 14                                                                                          |
| 15<br>PV RENTED<br>ALL DAY | 16<br>TOPS | 17                                                                                         | 18<br>CHRISTMAS<br>BUFFET<br>NOON | 19                     | 20                                                                                         | 21<br> |
| 22                         | 23<br>TOPS | 24<br>  | 25                                | 26                     | 27                                                                                         | 28                                                                                          |
| 29                         | 30<br>TOPS | 31<br> |                                   |                        |                                                                                            |                                                                                             |

# *HOLIDAY THINGS TO DO*

- Dec 4/12      Story Time @ The Library      7pm
- Dec 6 & 7      Ericson Lake Trail of Lights      6-9pm
- Dec 6-8      White Christmas @ The Husk      7-9pm      730-8133
- Dec 7      Cookie Walk @ Bethany Lutheran Church      9am-1pm

